

Behavioral Supports and Accommodations

- ❖ Differential rates of reinforcement
- ❖ Behavior teaching
- ❖ Limitation of distractions
- ❖ Peer support
- ❖ Small group instruction
- ❖ Structure and predictability
- ❖ Re-teaching of assignments
- ❖ Specific behavior praise
- ❖ Check in- Check out
- ❖ First/Then schedules
- ❖ Individual schedule
- ❖ Visual schedule
- ❖ Close proximity to materials and instructions
- ❖ Close teacher proximity
- ❖ Seating choice
- ❖ Sensory break
- ❖ Visualization strategies
- ❖ Self-calming techniques
- ❖ Deep breathing
- ❖ Transition Cueing
- ❖ Frequent review of rules and expectations
- ❖ Repeated directions
- ❖ Vibrating watch
- ❖ Fidget/sensory toys
- ❖ Advanced warnings
- ❖ Social stories
- ❖ Exercise
- ❖ Frequent Breaks
- ❖ Use of prompt hierarchy for reminders
- ❖ Flexible seating positions
- ❖ Change location requests
- ❖ Provide clear beginning and end to activities and tasks
- ❖ Opportunities for one-on-one instruction (plan to fade)
- ❖ Role play
- ❖ Develop and use rules (social, communication and behavior)
- ❖ Consistency across classroom
- ❖ Generalization across multiple environments and people
- ❖ Visual Cues
- ❖ Set of textbooks at home
- ❖ Have child repeat directions to the teacher
- ❖ Peer assisted instruction
- ❖ Maintains a planner for assignments
- ❖ Limited number of assignments at once
- ❖ Multiple modes of instruction (visual, auditory and hands-on)
- ❖ Chunking material
- ❖ Increased reinforcement
- ❖ Offer choice
- ❖ Preview schedule as needed
- ❖ Frequent breaks
- ❖ Modeling
- ❖ Preferred activities scheduled into routines
- ❖ Schedule adjustment
- ❖ Monitoring Checklist

Resources:

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www.behaviordoctor.org

