



MAPS Facilitator Guide

1 - Setting The Stage

- Who is here? How does each person relate to the MAP maker?
- What is the MAP maker's purpose in doing today's MAP?

2-What is the MAP maker's history or story?

- To the MAP maker and family: Why are you here today? What do you think is the purpose of the MAP?
- What two or three stories from the MAP maker's life come up for the MAP maker as important?

3-What is the dream?

- What are the MAP maker's goals? This may take some prompting, but think of life areas like relationships, work, school, recreation, etc.
- The dream question is the heart and soul of the MAPs process, so the facilitator must get out the real dream and be totally non-judgmental.

- "What would you accomplish if nothing stood in your way?"

4-What is the nightmare?

- What are some things that make you afraid? What might keep you from getting to your dream?
- MAP goal: actualize the dream and avoid the nightmare.

5-What are the MAP maker's strengths, gifts, and talents?

- What contribution does the MAP maker bring to their community?
- What strengths and capacities does the MAP maker identify in her or himself?
- Others?

5-Who is the MAP maker?

- Everyone share words about MAP maker.
- Have the MAP maker choose the favorite word and highlight this.

7- What does the MAP maker need?

- What does the MAP maker need to achieve the dream and avoid the nightmare? Think big picture items b/c action plan will get into the detail.
- What it will take (people and resources) to make the dream come true?

8-What is the plan of action?

- "Now that the group has identified some big picture needs that should be addressed in order to reach the dream, it is time to action plan, Let's talk about who will do what, and when will they do it."
- What are you going to do next? When? Who is going to help? What is the very next step? What will we do within 24 hours?

9-Closing:

- Facilitator should see if anything has been missed, needs to be added, etc.
- Give group members the chance to record/share reactions to the MAP & sign the work. Determine coach and follow-up.