**Step 1: Structured Goal Setting**

Student Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |
| --- |
| BEHAVIORS TO **DECREASE** |
| Target Behavior: | Operational Definition: |
| BEHAVIORS TO **INCREASE** |
| Target Behavior: | Operational Definition: |

Step 1: Structured Goal Setting (Version 3)

Student Name: \_\_\_\_\_\_\_\_\_

*Directions: In the left column, list between* ***ONE to THREE*** *behaviors you wish to see less of and more of from the student.*

|  |  |
| --- | --- |
| **Behaviors to DECREASE (see less)** |  |
| Target Behavior | Definition (clear and observable) |
| 1. |  |
| 2. |  |
| 3. |  |
| **Behaviors to INCREASE (see more)** | Definition (clear and observable) |
| 1. |  |
| 2. |  |
| 3. |  |