**Think-About-It Form**

*The following questions can be completed by students to help them reflect on their behavior and problem solve to prevent future behavior problems.*

**Date:**

**Name:**

**What did you do?**

*Please be specific. Start with “I.” Tell me later about what the other student did.*

**Why was that the wrong thing to do?**

*Who did you hurt? How do you know you hurt them?*

**What is the consequence for this action? What will happen if I do it again?**

*Student uses code of conduct to research this question.*

**What problem were you trying to solve?**

*Did you want attention? Did you want to be left alone? Were you trying to have fun? Were you already mad about something else?*

**Next time you have that problem, how will you solve it without hurting anyone?**

*Please list three ways to solve the problem.*