

# Brandywine Springs

## School-wide Expectations

### Social-Emotional/Wellness

#### Cooperation

- Tell an adult if you see or hear that a classmate is struggling
- Interact with others in a positive way
- Reach out to people who may need a friend
- Stand up for others if you observe unkind acts

#### Active Engagement

- Move or exercise for at least 15 minutes per day
- Reach out if you need academic support

#### Trustworthiness

- Stay connected with others
- Be honest with yourself about your emotions and needs

#### Safety

- Reach out to an adult if you are struggling
- Check out the school psychologist website for mental health resources
- Eat healthy food
- Avoid scenarios where you can be exposed to COVID-19
- Tell an adult if you have thoughts of hurting yourself or others or if you know someone who is having thoughts of hurting themselves or others
- Use coping skills when you are feeling sad, frustrated, or angry



# Brandywine Springs

## School-wide Expectations

### Online Classroom

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#### Cooperation

- Follow your teacher's Zoom rules
- If possible, choose an appropriate and quiet workspace with limited distractions
- Follow the BSS dress code in the online classroom
- Keep your computer volume low or use headphones so as not to distract others who are also working at home

#### Active Engagement

- Arrive on time or five minutes early for class
- Raise your hand if you have a question
- Eyes on the teacher, the speaker, or your work
- Engage only with appropriate learning tools
- Remain seated and face your camera in your chosen learning environment for the entirety of the lesson

#### Trustworthiness

- Use your name as your Zoom name
- Choose an appropriate background for the entire class period

#### Safety

- Use respectful and inclusive language
- Keep passwords private
- Use school-appropriate websites
- Only take images of others if you have their consent
- Use a coping strategy when you feel frustrated



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## School-wide Expectations

### Independent Work At Home

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#### Cooperation

- Choose an appropriate work space with limited distractions
- Keep your computer volume low or use headphones so as not to distract others who are also working at home
- Follow your family's home expectations

#### Active Engagement

- Ask your teacher if you need access to materials
- Turn in assignments on time
- Keep your workspace organized
- Follow your teacher's learning schedule

#### Trustworthiness

- Show academic honesty by completing your own work

#### Safety

- Ask for and accept help when you need it
- Understand that mistakes are part of learning
- Take brain breaks when you need them



# Brandywine Springs

## School-wide Expectations

### BSS Community Mindset

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#### Cooperation

- Treat others with respect and inclusivity
- Kindly remind others of expectations when appropriate

#### Active Engagement

- Be an active participant in your education
- Advocate for what you and your classmates need to be successful

#### Trustworthiness

- Be accountable for your actions and your choices
- Represent Brandywine Springs with integrity within your community

#### Safety

- Tell an adult if you observe or engage in unsafe actions
- Follow appropriate health and safety measures to limit the spread of COVID-19 (e.g., wash hands for 20 seconds, social distance)

