

# Introduction to: Inclusive Skill-Building Learning Approach (ISLA) Supporting Videos & Resources

The [ISLA Videos website](#) includes these mini-videos:

- Overview
- Building & Strengthening Relationships
- ISLA Responding to Behavior
- ISLA Break Systems
- ISLA Process
- ISLA Data-Based Decision Making
- ISLA Stories

## Welcoming Students:

- [Greeting Students at the Door: Is it with the extra time?](#)
- Elementary School example: [The Benefits of Welcoming Students Daily](#)
- Middle School example: [60-Second Strategy: TUMS at the Door](#)
- High School example: [Greeting Physics Students at the Door](#)

## Owning the Classroom:

- [Creating a Mistake-Friendly Classroom](#)
- Positive Ratios:
  - [A Snapshot of the PBiS 4:1 Ratio In a High School Classroom](#)
  - [A Snapshot of the 4:1 Ratio in a Middle School Classroom](#)
- Modeling Self-Regulation
  - [Demonstrating Self-Regulation with Tone of Voice \(Elementary School\)](#)

## Wrap Up with Intention

- [Finishing Class Strong with Optimistic Closures](#)

## Teachers Providing/Students Taking Breaks

- Resources:
  - [Take A Break: Teacher Toolbox \(Physical Activity Breaks in the Secondary Classroom\)](#)
  - [Calming Spaces in Schools and Classrooms](#)
  - [Breaks are Better - Extended CICO in the Classroom](#)
- Videos:
  - [Peace Corner: Creating Safe Space for Reflection](#) (Elementary School)
  - [Calm Down Centers: Creating a Safe Classroom Environment for Your Students](#) (Middle School)
  - [South Salem High School opens 'calm room' for stressed out students](#) (High School)

## De-Escalation Outside of the Classroom

- [Tap-In / Tap-Out: Giving Teachers Time to Recharge](#)
- [De-Escalation Spaces: Helping Students Manage Emotions](#) (High School)